

## A note from home

Going back to my birth place after 4 years, nothing has changed, including myself. I am extremely disappointed about myself, about how I always made myself available for other who I called friends but no, not really. Why do I not value my time?

Why do they work so hard and consistently on a professional level, and I keep feeling I am slacking off?

So với chính mình ngày hôm trước, đừng lấy cuộc đời người khác đo.

Today I do not feel I am any better than yesterday, I haven't worked toward my goal for a week. Work are piling up, why do I care about what others think?

How can I organize my thoughts? I absolutely lack a sense of core values I need to live by.

I need to:

- ☐ Focus on my work, things I want to do
- ☐ Stop talking to people, anybody at all
- ☐ Stop talking nonsense, a cheap sense of humor is worse than none at all
- ☐ You do not have time, never say yes to things you did not plan for. A conversation, a quick fun, will just make you suffer double at the end - do not take cheap thrill
- ☐ This is not a time for girl.
- ☐ Stop participating in rumors, anytime that situation comes up, shut up yourself. Do not engage in rumors.
- ☐ If anyone asks you: do not make yourself pathetic, do not. Nobody can help you, that is the truth.
- ☐ If anyone asks: say you are not looking for a relationship. No! Đang muốn một mình!

What else do I miss?

I need to take responsibility for my life, myself. I am drowning in sorrow and dissatisfaction. Why do I keep living like this? I wouldn't want to talk to anyone, no, just the people I care about only.

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