

Half-life

I am turning to the going down phase of my life. What have I accomplished this first half of my life?
It feels like my life consists of all bull shits.

I studied the not wise one, burnt out, then now facing being irrelevant in this job market. Changing job is also hard, financially desperate and cannot help my family.

Why did I do this to myself?

Hmm new year, what can I do to save myself? Probably I need to completely kill off the idea of someone is gonna come and save me, like a girlfriend. That is illusional.

Sleep, this needs to be fixed. It is so bad.
Gym, so bad.
Momentum is gone.

Shit, I need to stop hating myself.

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23rd April 2023
Incredibly hard

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K. V. B has a boyfriend

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